

Watts Cooking And Watts For Sale



**BRUNSWICK
ELECTRIC** 
Membership Corporation

A Touchstone Energy® Cooperative 

FOR THE MEMBERS OF BRUNSWICK EMC

MARCH 2009

Crockpot Corned Beef and Cabbage

- 3 pounds corned beef brisket
- 5 medium potatoes, scrubbed, unpeeled, sliced into 1 inch chunks
- 1 large onion - cut into wedges
- 1 head of cabbage - cut into wedges
- 1 quart apple juice (4 cups)
- 1 cup brown sugar
- 1 tablespoon dijon mustard

Place meat, potatoes, onion and cabbage in a slow cooker. Sprinkle with the seasoning packet that came packaged with the corned beef. Combine apple juice, brown sugar and mustard in a medium bowl. Pour over

vegetables and meat. Cover and cook on high for 6-6 1/2 hours or on low for 10-12 hours. Meat and vegetables should be very tender. Remove meat and vegetables from slow cooker. Thinly slice the meat across the grain and serve with vegetables.



Apricot Chicken with Balsamic Vinegar *(diabetic recipe)*

- 2 tablespoons olive oil
- 2 pounds chicken breast tenderloins, cut into bite-size pieces
- salt and pepper to taste
- 1 large onion, chopped (optional)
- 1/4 cup balsamic vinegar
- 10 dried apricots
- 1 cup chicken stock
- 1 cup apricot preserves
- 1 tablespoon chopped fresh thyme
- 3 tablespoons chopped fresh flat-leaf parsley (optional)
- 1 apple, sliced for garnish (optional)

Heat the olive oil in a large skillet with a lid over medium-high heat. Season the chicken with salt and pepper, and cook in the hot oil until golden brown around the edges, but still pink in the center, about 5 minutes. Stir in the onion, and cook for about 3 minutes more. Pour in the balsamic vinegar, bring it to a simmer for a

few minutes. Cut half of the apricots in half, leaving the others whole. Add the apricots to the skillet, and pour in the chicken stock. Bring to a simmer, then stir in the apricot preserves and thyme. Reduce heat to medium-low, cover, and simmer until the apricots have softened, 10 to 15 minutes. Sprinkle with chopped parsley to serve and garnish with apple slices if desired. Serve with rice and steamed vegetables.



BEMC

**Announcing a
New Scholarship Program
for
High School Seniors**

Scholarship Highway

**Two \$5,000 Scholarships
to be awarded!**

1 in Brunswick County, 1 in Columbus County

Essay Contest Details and Applications
available soon through local high
school guidance counselors and
at www.bemc.org

APPLICATION DEADLINE APRIL 6



Safety Tip

**It's almost time to start digging
that spring garden project...**

Always CALL BEFORE YOU DIG! **Dial 811**
for the NC One-Call Center and arrange
to have someone come to your home to
mark all of the utility lines on your
property. www.call811.com

HOLIDAY CLOSINGS:
Monday, April 13 – Easter Monday

WEBSITE: www.bemc.org
E-MAIL: info@bemc.org
OUTAGE REPORTING: 1-800-682-5309

CUSTOMER SERVICE:
Toll Free: 1-800-842-5871
Shallotte: 910-754-4391
Southport/Oak Island: 910-457-9808
Whiteville: 910-642-5011

Use the BPTs at these convenient locations to pay your electric bill or purchase energy for your PowerStat card:

24 hrs a day/ 7 days a week
BEMC Headquarters:
795 Ocean Hwy W (Hwy 17), Supply
BEMC Oak Island Office:
4335 Southport-Supply Rd (Hwy 211)
BEMC Whiteville Office:
2228 New Britton Hwy E (Hwy130)

NAKINA—Fowler's Supermarket
Hwy 904 / 6am-9pm Mon-Sat;
9am-9pm Sun

CHADBURN—Hasty Mart
Hwy 410N / 24 hrs/ 7 days

WINNABOW—Handee Hugo, 6170
Ocean Hwy (Hwy17) / 6am-11pm / 7 days
SHALLOTTE—Scotchman (next to
Wendy's on Hwy 130) / 24 hrs / 7 days
SUNSET BEACH—Market Express
1798 Seaside Rd / 7am-10pm / 7 days

Watts for Sale

And Watts Cooking
MARCH 2009

We're happy to provide this **FREE** service for BEMC members. Please note the following:

- FOR SALE ADS ONLY (no rentals, no items wanted, no commercial ads)
- ADS LIMITED TO THREE LINES (About 20 words), including telephone #
- We do not print email addresses or names.
- All ads run **ONE TIME ONLY, AS SPACE PERMITS** and are subject to editing.

- ONE AD PER MEMBER PER MONTH. NO REPEATS PLEASE!** May combine several items into one 3-line ad.
- Please print clearly and be sure to include your telephone number.
- See bottom of page for how to submit your ad.

FOR THE MEMBERS OF BRUNSWICK ELECTRIC MEMBERSHIP CORPORATION

Panasonic TV, \$50; Minolta 35mm camera, \$20; golf clubs/bag, \$50; Roper washer, \$100; 919-783-5302.
'08 Nissan Sentra, 5,500 miles, 4dr, auto, a/c, pw, pl, silver gray, 35mpg, \$16,000. 253-4499 before 9pm.
23' Grady White, 2 inline 6 cyl engines, new pumps, clean carbs, make decent offer; '73 Ford pickup, ugly, good runner, \$300. 842-1904 after 7pm.
Hardee Steel Trailer, 8'x16', tilt body, hydraulic brakes, 642-4804.
Time Share, North Myrtle Beach, 2BD furnished, 21st week, prime or red week, 371-3083 or 470-0253.
Pit Bull puppies, full blooded, parents on site, have 1st shots & dewormed. 625-0160, lv msg.
Evenflo Baby-Go, Portable playard full bassinet, used 2 weeks, \$45. 457-9013.
Two lots, Rivers Edge, cul de sac, 609-284-1324.
Powered wheelchair, like new, \$300. 842-6824.
200 4x4 p.t. fence post, \$1.50 each. 575-6545.
2BD/1BA house, wood frame, 65x110 lot, river front community, lg deck, front porch, outbuilding, outside shower, 1747 Pompano St, Shallotte, 704-639-3018.
Victory motorized electric scooter, indoor/outdoor, \$500 OBO, 842-6067.
2BD/2BA condo, Sunset Village @ Sandpiper Bay, furnished, private upper unit, \$179,000. 842-4784.
Evinrude boat motor, 28hp, '93 or later, used less than 2 hours, \$2,000 OBO. 457-6583.
Indiana glass, grape pattern, footed water picture & fruit bowl, call after 6pm. 201-9911.
Huffy Cavern 10 speed bikes, his & hers, \$100 for both or \$50 each. 754-9684.
'89 GMC Sierra 1500 truck, toolbox, a/c, ps, pb, at, v8, \$4,000. 575-0464.
Hoyer patient lift, model Invacare 9805, never used, \$675. 279-9690.
16' Fisher Aluminum boat, 25hp Mercury, trailer; '99 21' Sea Ark, cuddie cabin, 2000 175hp Johnson, trailer, 770-5682.
TV, 20" Stereo color, 4yrs old, \$50. 579-9215.
Diamond wedding ring 1 cttw, \$600; ab lounge, \$50. 231-3879.
'77 Corvette, w/sidepipes, ttop, \$6,000; '03 Honda 4 wheeler Rancher, \$1,800; pecans, \$2.00 lb. 471-1559.
Whirlpool washer, 8 cycle heavy duty & Frigidaire dryer heavy duty, \$300 for both. 579-7526.
96 Chevy Conv. Van, V-8, 85k mi, remov.seats, (43sp); Rr. AC/AM-FM, sleeps 2, anti-loc. brakes, (40sp); alum.wheels, (23sp); 457-0663.
3BD/2BA mobile home, '93, covered deck, carport. Inc.appl, some furn, have local realtor to show, Supply \$54,900. 1-608-788-0232.
GE Washer & Dryer, full size, \$400. 470-9049.
Home Gym, BodySolid EXM-2500S, includes 210lb weight stack, multiple stations to get a complete workout. \$400. 842-2813.
AKC Chihuahua, born 11/3/06, male, intact, blue/brown/white, sweet dog, \$150. 278-2482.
Horizon Evolve Computerized Treadmill, \$450; Twin bed w/white headboard, \$150. 523-2471.
BSL lot, oversized, perks for 2 bedroom, 278-4857.
'04 Motor home, 31 ft. E450, four winds, only 6,500 miles, fully equipped to sleep 6, \$45,000. 717-7421.
NASCAR postcards, from 1970, various drivers with car, 6"x8" \$5 each. 523-1257.
Ventless Gas Fireplace, 63"W x 56"H x 24"D/24" logs, 842-7988.

'05 52" HD Projection TV \$500; 4 wicker chairs with cushions \$125; Secretary's desk \$125; student desk \$75. 845-2940.
Three self watering plant containers, diameter 17", depth 12", \$10 each. 754-5606.
Casio electronic keyboard, w/bench, 100 tune song book, tunes & rhythms, auto accompaniment, \$100. 579-0605.
Upright Piano, \$200. 653-3900.
2 BD/2BA condo, The Village at Southport; fully furnished. 755-2498.
Dehumidifier, Emerson Quiet Kool, 40 Pint, 2500 sq ft, electronic, on casters, humidistat, overflow-shutoff, filter, 22"hx14"wx16"d, \$100. 201-1371.
Foul-weather gear, 2 sets hi-end, jackets, bibs, aquasocks, gloves, \$150. set; Jetski/Dinghy Cradle \$300. 704-363-5358.
Sofa, 3 cushion floral blue/cream, 80" \$200; 1 drw. coffee table 36"x36", oak finish, \$50. 575-4295.
Harbour Lights Resort Timeshare, MB, on ICW, Red Week # 34, Aug 22 - 29, two bedroom w/lock out unit, Sleeps 8. \$ 4,000. 200-2720.
Haviland Limoges China, fluted white w/gold, service for 10; Waterford crystal glasses, 100 pieces; Mikimoto Pearls; Nikon Camera, N4004. 628-5714.
Nintendo Wii, w/2 controllers, 2game discs \$200; New Little Martin Guitar LXM w/ gig bag \$200. 575-8492.
4BD/1BA completely remodeled home, Whiteville, new roof, carpet, paint, appliances and cabinets, 1/2 acre lot, carport, \$74,900 OBO. 620-1957.
Side by side top row columbarium niches, at Brunswick Memorial Gardens in Shallotte, NC. \$4000 for both. 860-716-8708.
'07 Yamaha VStar 650 classic Motorcycle, pearl white, hard chrome pipes, saddlebags, 620-8347.
2BD/1.5 BA home, attached 2 car garage w/office area, Shallotte. \$150,000. 732-773-1429.
3 pc Oak Fourposter Bedrm Suit, \$300; sectional sofa w/ queen pullout \$500; other household furniture items. 842-8947.
14 ft Boat, 30 hp motor and trailer \$1,200. 575-3153.
Furnished homes, doublewide, singlewide and extra lot, near Sylva, NC, West of Asheville, 393-7951.
'04 Chev Monte Carlo, Silver, leather, 51,000 miles, \$12,000. 754-2057.
2BD/1BA Beach house, Oak Island, 55x120 lot, \$149,000. 828-246-2837.
Mobile home and lot, Ocean Isle Beach, Penbrooke St, \$26,500. 840-2491.
Land, 2 tracts in Columbus County, 32 acres, \$3,000. per acre; 27 acres, \$2,500 per acre, owner financing available. 770.1551.
3BD/2.5 BA Condo, Oak Island NC Oceanview, 3rd floor with elevator, 4 flatscreen TVs, large pool, \$325,000. 704-763-5665.
Tanning Bed, used for personal tanning only, Biotech tunnel design w/7ft tanning surface for all over tan, includes 20 amp receptacle, \$1,000. 575-7012.
'00 Cadillac Eldorado ETC, 32V Northstar engine, 55K miles, 2dr, pearl white, loaded, \$8500. 846-6936.
4 Pampas grass bushes, great deal. 579-1638.
Treadmill, Nordic Track manual with exerciser computer. \$60. 278-7105.
'05 Pontiac Bonneville, white, LX, v6, 73k miles, cd/amfm, air cond, \$10,000 OBO. 653-3928.
Sofa & Love seat, traditional, \$250; Audiovox home stereo system, remote, new in box, \$70. 575-7696.

Craftsman rotary lawn mower, 4.5 hp, 22" side discharge, used one year, \$99. 575-5363.
Invacare Luxury Adjustable Bed, full size w/rails, wireless remote adjusts hand & foot sections w/ massager, new, \$1000. 575-7012.
Electric foot bath, commercial 1/2 hp motor, large stainless steel tub, \$40. 575-7122.
Singer gathering sewing machine, \$50; Industrial overlock sewing machine, \$50; Industrial straight needle sewing machine, \$100. 287-3732.
2 electric power washers, new 1500psi & rebuilt 1850psi. both have 20 hrs of use, 398-1066 or 754-6797 after 5pm.
Dinette Set, 3 pc blonde wicker, glass top w/ shelf below, white cushion chairs, new. \$225. 579-8512.
20 gal Aquarium, complete with filter, heater, light, etc. \$50. 579-3246.
3BD/2BA Condo, Sunset Village @Sandpiper Bay, ground floor, golf course/pond view, w/d, \$225,000. 579-2422.
3BD/2BA Condo, Crow Creek, 1st floor, upgrades, furnished, 2 patios, \$235,000. 610-597-7220.
Large aluminum fishing cart, used twice. \$150. 842-5952.
JVC HD 32 inch TV, excellent cond, \$200. 253- 7037.
Electric lawn mower, Sharp UX-B700 bus comm. Ctr, Sears 8 gal. wet/dry vac, Stihl gas edger, Brother computerized sewing machine. 278-1580.
2BD/2BA condo, St. James, Southport, many amenities, furn, turn-key, \$300,000, 843-399-8196.
Sorrel Gelding, 16 yr old horse, good keeper, easy riding, lay back, 642-3545 or 640-9144.
Polished aluminum 8-lug, stock Ford F-250, rims (lug nuts incl) 265/70/R17 BFGoodrich, Rugged Trail tires, less than 4,000 miles. 523-1085.
Weed Eater Trimmer, model XT20, 2 cycle engine, \$35; HP Laser Jet Printer, Model 4L needs work, toner is pretty new, great deal, 278-6696.
'90 Mazda Miata, Great condition, records, 30+mpg, white convertible, new top, timing belt, struts, 124k miles, \$2900 OBO. 371-2467.
Lamps; roll top desk; sewing machine; variety wallpaper; fabrics, \$1 yd; bookcase; 575-6225.
Lazyboy Recliner Loveseat w/ 2 separate built-in recliners \$400; Pro-form treadmill \$300. 619-3788.
01 32 ft Hornet 5th Wheel Camper; '89 Winnebago 40 ft motorhome; may trade for car 520-4217.
Cookie Jar, Wizard of Oz, head & shoulders of Dorothy & Toto, perfect cond, orig box, \$100. 575-0434.



Tips to help you
save \$ and energy

- Install rubber gaskets behind outlet and switch plates on exterior walls to avoid losing warm air in the winter and cool air in the summer.



**CONVENIENT BILL PAYMENT
WITH YOUR CREDIT CARD!**

Call us at 800-842-5871 to set it up.

HOW TO SUBMIT YOUR AD

SEE TOP FOR RULES. ADS MUST BE RECEIVED AT BEMC BY THE 10TH OF THE MONTH for inclusion in the next month's issue.
SEND TO: BEMC, ATTN Watts for Sale, PO Box 826, Shallotte NC 28459, FAX 910-755-4299 OR email to: watts4sale@bemc.org.

Please include your BEMC account number or address. Each issue starts mailing around the 26th of the prior month (i.e., Jan. issue starts mailing on 12/26 thru 1/23). Each issue is also posted on www.bemc.org (What's New page) around the 26th of the month prior. Copies are also available in BEMC offices.