

6th Annual Ocean Isle Beach Bridge Run for Food 2010



Registration Form

Half Marathon & 5K Run/Walk

Saturday, January 9, 2010

All proceeds benefit the South Brunswick Interchurch Council Food Pantry

The course will take runners over the scenic high-rise bridge to the Ocean Isle Beach, NC mainland and back to the island. The views of the Intracoastal Waterway on one side of the island and the Atlantic Ocean on the other makes the journey even more pleasant and exciting.

CHECK IN AT OCEAN ISLE BEACH TOWN HALL

Friday, January 8th

5:30 p.m.-7:30 pm.

EARLY PACKET PICK-UP at OIB TOWN HALL

Saturday, January 9th

7 a.m.-8:45 a.m.

3 West Third St., Ocean Isle Beach, NC

Register online at www.active.com no later than 01/06/10 or mail completed registration from by 1/06/10 with a check payable to SBIC to:

SBIC RUN FOR FOOD

PO Box 1461

Shallotte, NC 28459-1461

Please Circle One Below:

5K RUN/WALK: \$30

HALF-MARATHON: \$35

Name _____ Race Day Age _____

Adress _____

E-mail _____ Phone _____

Male ____ Female ____ Shirt Size (circle 1) S M L XL XXL

(Shirts will be provided to the first 400 registrants.)

Waiver & Release: I am in proper physical condition to participate in this event, and I waive any and all claims for myself and my heirs against officials, volunteers, and/or sponsors of the 2010 OIB Bridge Run For Food for any injury or illness which may directly or indirectly result from my participation.

I grant permission to use any photos or other recordings of me for any legitimate purpose.

Signature _____ Date _____

(If under 18, signature of a parent or guardian is required)