



Eat better. Feel better. Together!

Invite Tropical Smoothie to your next gathering
for a refreshing change!

Everyone meets better when they eat better! From morning meetings with the sales team to social gatherings of any size, Tropical Smoothie Catering offers high quality, great-tasting food and smoothies that will leave your group refreshed, not sluggish! Everything comes smartly packaged for travel and serving convenience. We see to all the details, including the utensils, plates and napkins. Let us assist you with the menu that's just right for your group.

Wraps

Sandwiches

Fresh Salads

Box Lunches

Smoothies



FRESH salads



Our salad selections are
available in group-style bowls
to feed the whole crew!
(SERVES 8 - 10)

Chicken Caesar

Romaine, Chicken, Parmesan,
Tomatoes & Caesar Dressing

Southwest Chicken

Romaine, Field Greens, Chicken,
Southwestern Rice with Corn,
Black Beans & Asparagus, Tomatoes,
Onions, Salsa, Guacamole & Light
Southwest Ranch Dressing

Thai Chicken

Romaine, Field Greens, Chicken,
Wontons, Sesame Seeds, Carrots &
Thai Peanut Dressing

beverages & sides

Each location has a variety of beverages, sides and other items available to complete your meal! Please ask for more details.



CATERING menu

For any occasion!



Find us on:
facebook.

www.TropicalSmoothieCafe.com

©2012 TROPICAL SMOOTHIE CAFE

FRESH sandwiches




FRESH wraps



FRESH smoothies

ALL SMOOTHIES ARE MADE WITH TURBINADO UNLESS OTHERWISE REQUESTED.

 = CALORIE COUNT WHEN MADE WITH SLENDA®



DELUXE BOX LUNCH

Your choice of a wrap or sandwich served with chips or fruit and a cookie.

WRAP OR SANDWICH TRAY

Your choice of wraps or sandwiches or both on a tray.

Cranberry Walnut Chicken Salad

Cranberry Walnut Chicken Salad, Tomatoes & Romaine in a Flour Tortilla

King Caesar™

Chicken, Parmesan, Tomatoes, Romaine, Caesar in a Garlic Herb Tortilla

Totally Turkey™

Turkey, Swiss, Tomatoes, Romaine, Light Ranch in a Garlic Herb Tortilla

Hummus Veggie™

Hummus, Pepper Jack, Southwestern Rice with Corn, Black Beans & Asparagus, Onions, Romaine & Salsa in a Garlic Herb Tortilla

Sunny Day™

Mango, Banana, Orange & Kiwi

Kiwi Quencher™ ²⁶⁰

Kiwi, Strawberries & Non-Fat Yogurt

Paradise Point™

Strawberries, Banana & Pineapple

Mango Magic™

Mango, Pineapple & Non-Fat Yogurt

Blimey Limey™ ²⁷⁰

Strawberries, Pineapple, Orange & Lime

Sunrise Sunset™ ²⁶⁰

Strawberries, Pineapple, Mango & Orange

Blue Lagoon™

Blueberries, Strawberries & Banana

Rockin' Raspberry™

Raspberries, Strawberries & Banana

Strawberry Lemonade™

Strawberries & Lemonade

Jetty Punch™

Strawberries & Banana



ADD A COOKIE TRAY!

Looking for a way to round out the perfect meal? Add an assortment of cookies! Each location has a variety of cookies to choose from. Please ask for more details.

ADD A SMOOTHIE!

Bring a bit of the tropics to your next party or meeting by adding a smoothie to any order. Choose from 10 delicious smoothies. There's something for every taste!



Cranberry Walnut Chicken Salad

Cranberry Walnut Chicken Salad, Tomatoes & Field Greens on Nine-Grain Wheat

Wasabi Caesar Roast Beef™

Roast Beef, Pepper Jack, Romaine & Wasabi Caesar Dressing on Ciabatta

Turkey Guacamole

Turkey, Guacamole, Cilantro-Lime, Onions, Tomatoes & Field Greens on Nine-Grain Wheat

Chipotle Turkey

Turkey, Pepper Jack, Tomatoes, Romaine & Chipotle Mayo on Ciabatta

Turkey & Swiss

Turkey, Swiss, Tomatoes & Romaine on Nine-Grain Wheat

Ham & Swiss

Ham, Swiss, Tomatoes & Romaine on Ciabatta